



# Oral - Facial & Implant Surgery, P.A.

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## Instructions following Oral Surgery

### TODAY

#### 1. Control of Bleeding

- Continue placing pressure on gauze for 1 hour after surgery.
- Following this, slight oozing of blood will continue and is NORMAL.
- If brisk bleeding should occur (with clots of blood forming inside the mouth), place gauze pad over area of bleeding and maintain CONSTANT pressure for 1 hour,

#### 2. Nourishment

- It is best to stick to liquids or very soft foods on the day of surgery.
- Do not use straws for 24 hours postoperatively.

#### 3. Activity

- Rest at home the day of surgery.
- No smoking for at least 24 hours - preferably 5 days postoperatively.

### TOMORROW

#### 1. Rinsing & Cleaning of the Mouth

- Beginning \_\_\_\_\_ tomorrow, rinse mouth with warm salt water three times a day (1/4 tsp. of salt per glass), for 2 weeks.
- Beginning with the day after surgery, you may eat solid foods as tolerated.
- Resume normal tooth brushing as soon as possible.

#### Swelling & Discoloration

- Facial swelling is normal after oral surgery - ice is helpful during the first 24 hours. Maximum swelling will be on the 3rd day.
- Discoloration of the skin may follow surgery. This is normal and will gradually fade and disappear. Moist heat applied to the face will reduce this.

#### Medications

- Take medications as prescribed.
- If you have any problems with the medication or any other problems, call our office.

#### For Patients Who Have Had IV Anesthesia

- DO NOT drive for at least 12 hours,
- A black and blue mark and soreness occasionally develops on the arm at the site of the intravenous injection. This is normal and will disappear. Moist heat will help.

